Predictability of the duration of La Niña

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Multi-year La Niña events are very common



Adapted from Okumura and Deser 2011

Can we predict their duration?

- Previous research has focused on El Niño
- Predicting the **onset** of La Niña is **trivial**:
 - They virtually always occur the year after El Niño.
- Predicting the termination of La Niña is very challenging:
 - Why some events last 2 years?
 - Is their duration predictable?

Data and Methodology

- Long control simulation performed with CESM1
 - 1800 years long
 - Constant pre-industrial forcing
 - 1° atmosphere, 1° ocean (¹/₃° latitude on the equator)
 - Simulates realistic 2-yr La Nina
- Perfect-model prediction experiments with CESM1
 - 3 case studies
 - 20 members for each forecast ensemble
 - Initialized during:
 - Transition from El Nino to La Nina (18 month lead time)
 - Peak of the preceding El Nino (24 month lead time)
 - Each forecast run forward for 3.5 years.

CESM1 simulates realistic 2-year La Nina



Looking for predictors...

- Two main theories for the duration of ENSO events:
 - Delayed oscillator (Suarez and Schopf 1988; Battisti and Hirst 1989).
 - Recharge oscillator (Jin 1997).
- Both are based on the following idea:
 - Variations in the depth of equatorial thermocline contribute to:
 - The growth of ENSO events (Bjerknes feedback).
 - The decay of ENSO events, i.e. their duration (delayed thermocline feedback).

Hypothesis: thermocline depth anomalies before the onset of La Niña determine its duration



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Case 1: weak predictor



Case 2: moderate predictor



Case 3: strong predictor



The return of La Nina is highly predictable 18 months in advance



The spread of the forecasts is not sensitive to the initial conditions



Forecast initialized during discharge phase: moderate case

Ensemble mean



Forecast initialized during discharge phase: moderate case + inactive IOD

Ensemble mean



The spread of the forecasts is sensitive to variability in the eastern Indian Ocean



Models simulate too active IOD



NCAR models are not the exception



Weller and Cai 2013

Conclusions

- The return of La Niña is highly predictable in CESM1:
 - Controlled by the depth of thermocline before onset of La Nina.
 - Up to 18 month skillful prediction.
- Too active IOD may lead to unrealistically large spread in forecast
 - Disabling coupled variability over the eastern Indian
 Ocean reduces the forecast spread by 15%.

Open questions

- Can CESM1's **perfect model** skill be realized in an actual forecast system?
- If a La Nina follows the current El Nino, could we predict its duration?





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Delayed thermocline feedback controls the termination of La Nina

Nonlinear and seasonally-dependent delayed thermocline feedback derived from CCSM4



Asymmetry in the duration of El Niño and La Niña



Okumura and Deser 2010

Predicting the return of La Niña is very challenging





black line: observed evolution of Nino-3.4 SST anomalies **coloured lines:** forecasts by different statistical models

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Growth phase (Bjerknes feedback)





Decay phase (delayed thermocline feedback)



western boundary



For instance, the return of the 2011-2012 La Niña

ENSO predictions initialized during summer of 2011



[T]' approximates SST anomalies very well



Allows us to use the heat budget to diagnose processes driving ENSO SST anomalies

Step 1: ENSO heat budget



Balanced heat budget on ENSO timescales